

# PE Long Term Curriculum Map Foundation & KS1



Year	Autumn 1		Autumn 2		Spring 3		Spring 4		Summer 5		Summer 6	
	1st Hr Sports Coach Karen Risk	2nd Hr Class Teacher	1st Hr Sports Coach Karen Risk	2nd Hr Class Teacher	1st Hr Sports Coach Karen Risk	2nd Hr Class Teacher	1st Hr Sports Coach Karen Risk	2nd Hr Class Teacher	1st Hr Sports Coach Karen Risk	2nd Hr Class Teacher	1st Hr Sports Coach Karen Risk	2nd Hr Class Teacher
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R	<b>FUNS ELG</b> <i>Development focus: Control an object in pushing, patting, throwing, catching or kicking.</i>	<b>REAL PE Unit 5</b> <i>ELG: Show good control &amp; co-ordination in large &amp; small movements. They handle equipment effectively.</i>	<b>FUNS ELG: control &amp; co-ordination in large &amp; small movements</b> <i>Focus: Jumping &amp; landing, travelling &amp; balancing</i>	<b>Real PE Unit 2</b> <i>ELG: Show good control &amp; co-ordination in large &amp; small movements.</i>	<b>FUNS ELG: control &amp; co-ordination in large &amp; small movements</b> <i>Focus: Experiments with different ways of moving, travelling &amp; balancing</i>	<b>Real PE Unit 1</b> <i>ELG: Show good control &amp; co-ordination in large &amp; small movements.</i>	<b>FUNS ELG: Move confidently in a range of ways &amp; handling equipment.</b> <i>Focus: racing and chasing games.</i>	<b>Real PE Unit 4</b> <i>ELG: Show good control &amp; co-ordination in large &amp; small movements. They handle equipment effectively.</i>	<b>ELG: Move confidently in a range of ways, safely negotiating space.</b> <i>Focus: Racing &amp; chasing games</i>	<b>DANCE</b>	<b>FUNS Health &amp; Fitness</b> <i>How does my body feel?</i>	<b>Real PE Unit 6</b> <i>ELG: Show good control &amp; co-ordination in large &amp; small movements. They handle equipment effectively.</i>
1	<b>FUNS</b> Sending and receiving using equipment	<b>REAL PE Unit 5 (GAMES)</b>	<b>FUNS</b> Moving and balancing in different ways	<b>Real PE Unit 2 (GYMNASTICS / GAMES)</b>	<b>FUNS / Exploring Space and Equipment</b>	<b>Real PE Unit 1 (GYMNASTICS)</b>	<b>FUNS</b> Following rules and simple tactics	<b>DANCE (book studio)</b>	<b>FUNS</b> Sending and receiving Game tactics	<b>Real PE Unit 4 / Athletics (GAMES)</b>	<b>FUNS</b> Health & Fitness <i>How does my body feel?</i>	<b>Real PE Unit 6 (GAMES)</b>
2	<b>FUNS</b> Sending and receiving using equipment	<b>REAL PE Unit 5 (GAMES)</b>	<b>FUNS</b> Moving and balancing in different ways	<b>Real PE Unit 2 (GYMNASTICS / GAMES)</b>	<b>FUNS / Exploring Space and Equipment</b>	<b>DANCE (book studio)</b>	<b>FUNS</b> Following rules and simple tactics	<b>Real PE Unit 4 (GAMES)</b>	<b>FUNS</b> Sending and receiving Game tactics	<b>Athletics</b> <b>Real PE Unit 1</b>	<b>FUNS</b> Health & Fitness <i>How does my body feel?</i>	<b>Real PE Unit 6 (GAMES)</b>

Please remember the scheme of work for Jasmine can be flexible. Work at the children's pace and abilities. Every child does not have to be working on the same skill at the same time, allow opportunities for children to move on to the next level when ready. Lessons can be adapted with your own ideas. Please ensure that at least some of the lesson will allow the children to raise heart rates & experience being out of breath. These could be your own ideas for warm ups or choose from the list of ideas in the PE curriculum resource folders.