

# PE Long Term Curriculum Map Foundation & KS1



Year	Autumn 1		Autumn 2		Spring 3		Spring 4		Summer 5		Summer 6	
	1st Hr Sports Coach Karen Risk	2nd Hr Class Teacher	1st Hr Sports Coach Karen Risk	2nd Hr Class Teacher	1st Hr Sports Coach Karen Risk	2nd Hr Class Teacher	1st Hr Sports Coach Karen Risk	2nd Hr Class Teacher	1st Hr Sports Coach Karen Risk	2nd Hr Class Teacher	1st Hr Sports Coach Karen Risk	2nd Hr Class Teacher
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R	<b>FUNS</b> <i>ELG</i> <i>Development focus: Control an object in pushing, patting, throwing, catching or kicking.</i>	<b>REAL PE</b> Unit 5 Physical  <i>ELG: Show good control &amp; co-ordination in large &amp; small movements. They handle equipment effectively.</i>	<b>FUNS</b> <i>ELG:</i> <b>control &amp; co-ordination in large &amp; small movements</b> <i>Focus: Jumping &amp; landing, travelling &amp; balancing</i>	<b>Real PE</b> Unit 2 Social  <i>ELG: Show good control &amp; co-ordination in large &amp; small movements.</i>	<b>FUNS</b> <i>ELG:</i> <b>control &amp; co-ordination in large &amp; small movements</b> <i>Focus: Experiments with different ways of moving, travelling &amp; balancing</i>	<b>Real PE</b> Unit 1 Personal  <i>ELG: Show good control &amp; co-ordination in large &amp; small movements</i>	<b>FUNS</b> <i>ELG: Move confidently in a range of ways &amp; handling equipment.</i> <i>Focus: racing and chasing games.</i>	<b>Real PE</b> Unit 4 Creative  <i>ELG: Show good control &amp; co-ordination in large &amp; small movements. They handle equipment effectively.</i>	<b>ELG: Move confidently in a range of ways, safely negotiating space.</b> <i>Focus: Racing &amp; chasing games</i>	<b>DANCE</b>	<b>FUNS</b> <b>Health &amp; Fitness</b> <b>How does my body feel?</b>  <i>ELG: Show good control &amp; co-ordination in large &amp; small movements. They handle equipment effectively.</i>	<b>Real PE</b> Unit 6 <b>Health &amp; fitness</b>
1	<b>FUNS</b> <b>Sending and receiving using equipment</b>	<b>REAL PE</b> Unit 5 Physical  (LINK TO KS1 NC GAMES)	<b>RMoving and balancing in different ways</b>	<b>Real PE</b> Unit 2 Social  (LINK TO KS1 NC GYMNASTICS / GAMES)	<b>Real Gym</b> <b>Exploring Space and Equipment</b>	<b>Real PE</b> Unit 1 Personal  (Link to KS1 NC Games and GYMNASTICS)	<b>FUNS</b> <b>Following rules and simple tactics</b>	<b>DANCE</b> (book studio)	<b>FUNS</b> <b>Sending and receiving Game tactics</b>	 <b>Forest School</b>	<b>FUNS</b> <b>Health &amp; Fitness</b> <b>How does my body feel?</b>	<b>Real PE</b> Unit 6 <b>Health &amp; fitness</b>  (LINK TO KS1 NC GAMES)
2	<b>FUNS</b> <b>Sending and receiving using equipment</b>	 <b>Forest School</b>	<b>Real Gym</b> <b>Moving and balancing in different ways</b>	<b>Real PE</b> Unit 2 Social  (LINK TO KS1 NC GYMNASTICS / GAMES)	<b>Real Gym</b> <b>Exploring Space and Equipment</b>	<b>DANCE</b> (book studio)	<b>FUNS</b> <b>Following rules and simple tactics</b>	<b>Real PE</b> Unit 4 Creative  (LINK TO KS1 NC GAMES)	<b>FUNS</b> <b>Sending and receiving Game tactics</b>	3 Weeks of Real PE Unit 1 Personal  3 weeks of Real PE Unit 5 Physical	<b>FUNS</b> <b>Health &amp; Fitness</b> <b>How does my body feel?</b>	<b>Real PE</b> Unit 6 <b>Health &amp; fitness</b>  (LINK TO KS1 NC GAMES)



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Please remember the scheme of work for Jasmine can be flexible. Work at the children's pace and abilities. Every child does not have to be working on the same skill at the same time, allow opportunities for children to move on to the next level when ready. Lessons can be adapted with your own ideas. Please ensure that at least some of the lesson will allow the children to raise heart rates & experience being out of breath. These could be your own ideas for warm ups or choose from the list of ideas in the PE curriculum resource folders.

### **Assessment**

KR will complete an end of year assessment linked to the NC objectives.

Assessment baseline ppt located in PE curriculum folder to be completed by end of Term 1

Assessment reviewed during Term 6.